

JULY-SEPTEMBER, 2021

NEWSLETTER



AGRICULTURE AT S.E.P



We engaged youth aged between 15-35 to take part of AGRIBUSINESS programs during Covi-19 pandemic.

This is a time when most of our young girls and Boys were at home.

S.E.P empowered them with the skills on poultry keeping and management.

We supported 15 of them with 5 chicks each to start their poultry keeping at their homes.

During our follow up ,we were impressed that most of them took the initiative to increase their poultry stock. Some of their chicks were mature and laying eggs which they sold. Some sold the mature chicks as well.

To diversify to other agricultural activities , we introduced other horticultural crops like beans and maize.

Through our demonstration sites, we managed to do inter cropping in the same plots. We use this as a learning station .our youths can come and learn new agricultural skills and about the best profitable crops to be grown.

The above initiatives gives the beneficiaries a source of income as well feeds them and their families. They are able to access nutritious foods, hence building a healthy community

STAY ALLIANCE KENYA, FUNDING

Society Empowerment Project has been supported by STAY ALLIANCE KENYA, based in Germany, through funding to increase on the production of reusable sanitary towels, train more girl on sewing of the said towels as well as conducting survey on the MHM understanding and other underlying issues in the community. The funding runs for a period of 1 year. We are glad to be part of the change makers in the society, through their support

Education Programme

Over 15 pupils joined secondary school through our football and education programme.

Through our programmes some of our talented footballers were linked with our partnering schools. These schools and colleges helped them by subsidising their school fees .

Our training programmes Monday -Fridays

We work with local schools to train the participants. And sometimes give sanitary pads and panties to the adolescent girls.

On Weekends we have inter zones competitions. SEP trains the following age brackets

- 1.under 6-9 mixed genders.
- 2.under 10-13 mixed genders.
- 3.under 14-16.mixed gender.
- 4.under 17 and above mixed genders

Promoting Community Development through Sports



The most active program in SEP is football.

For last couple of months, we have used football activities to address many challenges affecting young people in the community.

We engaged Bundesliga Youth Sports Ambassadors in community interventions. We hosted BUYAS in Oyugis in September and through a self paced comprehensive learning programme, got to share with BUYAS from other organizations on our progress and achievements at SEP. Together with the mentors, they converged at Kitale in November to review the impacts and challenges faced during the self paced design projects at their respective organizations.

We used football drills to explain the importance of hand washing , proper steps of hand washing procedures and using face masks always to avoid infection of Covid-19 Virus.

We also used football exercises to deliver healthy information on girls hygiene management and their key roles in breaking the myths which actually some communities still believed in and not knowing they are the drivers of unhygienic action.

We trained over 300 participants on football for HIV and Aids prevention, through class sessions workshops and practical sessions.

Additionally, we did football for competition both local tournament to attract many youths. Our girls also participated in the women premier league.



SEXUAL REPRODUCTIVE HEALTH & MENSTRUAL HYGINE MANAGEMENT

REMOTE COACHING BY TEXTILE AND LEATHER EXPERTS ON PRODUCTION OF REUSABLE SANITARY TOWELS

From the month of August 2021, SEP has been going through remote coaching on the production of reusable sanitary towels.

This program is as a result of SEP collaboration with the Dutch based PUM, who subsequently connected them to an expert/ consultant on textile. SEP members are trained through sewing, the manufacturing of reusable sanitary pads in order to increase the access to sanitary towels by girls, as well as improve girls' dignity during menstruation. The PUM expert on this program is Mrs. Gea, from Netherlands, who is vastly experienced on matters textiles.

The Eight weeks project is aimed to achieve the following at the end:

- have well finished sewn reusable sanitary pads
- develop a prototype for the various sizes of sanitary pads
- have a constant fabric supplier
- have a name for the product
- have suitable packaging of the product
- have a member of PUM come over to physically train SEP team on production of reusable sanitary pads through sewing process.
- and a well developed and detailed business plan

TRAINING OF TRAINEES


In the 3rd quarter, we had series of virtual meetings on (T.O.T) Training of trainees on building up curriculums that are to be used during school visits when teaching and when running mentorship programs in the schools, orphanage homes, churches and other safe spaces where we meet our beneficiaries.

We tackled topics on:

- PUBERTY
- MENSRUATION, MENSTRUAL MANAGEMENT AND HYGINE
- SEXUAL FEELINGS, SEXUALITY AND SAFE SEX
- SAFE SEX, CONTRACEPTION AND SEXUAL TRANSMITED INFECTIONS.

The program is still under way and is being conducted by the able leadership of Ms. Sonia of Massachusetts Institute of Technology (MIT) D-Lab class, with the help of Madam Lourraine who is the coordinator of SEP -Sexual Reproductive Health Rights.

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